

北科大師生進入實驗室/研究室準則

Guidelines in the lab/office

請指導教授尊重學生意願，充分與學生溝通並達成共識。研究生若確實因實驗及研究需要，必須入校進行研究，必須遵守室內分流、落實實名制、戴口罩、體溫量測等下列各項防疫措施。

學生簽名：_____ 日期：_____

1. Remote and On-Campus Work.

研究生若確實因實驗及研究需要，必須入實驗室/研究室進行研究，必須遵守室內分流、落實實名制、戴口罩、體溫量測等各項防疫措施。

- ✓ Face masks must be worn when in the same room with others, daily disinfecting must be conducted, and physical distancing must be maintained. Laboratory and office occupancy should be held only to the necessary minimum.
- ✓ A mask should be worn and proper physical distancing should be maintained when there is a risk of encountering other people.

2. Limits on laboratory personnel numbers.

室內仍須維持社交距離，隨時戴好個人防護口罩、手套、眼罩

- ✓ Social/physical distancing guidelines recommend separation distances of 1.5 m or more. No more than two persons per 18.5 m² of lab space be allowed in a lab at any one time.
- ✓ If more than one person is required in less than 9 m² feet of area, the individuals involved should wear PPE (masks, gloves and eye protection) and treat each other as if they have COVID-19 but are asymptomatic.

3. Implementation of shifts.

工作分時、室內分流、室內不得群聚

Shift schedules can be considered to ensure social distancing—while maintaining improved productivity. Shifts are probably best organized within individual labs

4. PPE requirements.

隨時隨地維持個人衛生及室內清潔，戴好個人防護口罩、手套、眼罩

- ✓ Face masks are required in all common areas (hallways, restrooms, break areas).
- ✓ Face masks must be worn in public and any time there is more than one person in a given space, including times of brief interaction between co-workers or friends.
- ✓ Clean and disinfect personal and shared work areas (desktop, keyboards, chairs, etc.) before and after use.
- ✓ Treat everything as if it is contaminated. Wash hands frequently. Avoid touching face, eyes and mouth.

5. Sanitizing practices

熟悉並勤練衛生安全習慣：勤洗手、隨時消毒工作區

1. Wash hands on arrival
2. Wipe all work surfaces to be utilized with disinfectant wipes or equivalent before commencing work
3. After work is complete for that visit, wipe all utilized work surfaces with disinfectant wipes or equivalent
4. Wash hands on departure